

The Joy of Easter.

Easter Sunday is always the first Sunday after the fourteenth day of the calendar month which follows the 21st of March, when, as we boys used to say, the "sun crosses the line." If that fourteenth day is on the Sabbath, then Easter is not till the next Sabbath afterwards. Hence it is in some years earlier and some years later, but always in March or April. It is a joyous time, the great Christian festival, the shortest day, when the ancients realized that the days were just beginning to grow longer. It follows after the period of equal day and night, when the frost is out, the migrant birds begin to sing, the flowers get ready to bloom, and nature awakens from her apparent sleep, and living things get busy. Even had there never been any resurrection of Jesus, there still would have been a joyous time at this season of the year in regions where civilization first began.

There is special joy for the Christian at Easter because this ancient festival commemorates the resurrection of Jesus from the tomb, and because upon the fact of this resurrection hangs all the Christian's hope for the future life and his joyous meeting in that future life with the friends who have gone before and these who will follow. That event was a demonstration of a fact for which men hoped, but which they could not prove, that death does not end all, that man has a future existence in some form, a form that can be recognized by those who knew him in this life, that personality continues after that period of the destruction of the death and which we recognize each flesh by which it thus becomes the other here. It is thus becomes the most tremendous event that has ever occurred on this globe.

We miss all the joy that we participate only in Easter, if we, of the spring, in the common joys on the head time. A new bonnet, a symbol of a new suit, or any other, with no merely earthly pleasure, he heart hope of the eternal life in it, with is a mere travesty of the day, pity out the spirit, a matter for rather than joy.

So thoroughly were His disciples convinced of the reality of the resurrection of Jesus, which they did not expect, that it changed the whole current of their lives, and gave them a new power, unheard of and unsuspected, which changed the entire course of civilization, created a new world, with new joys, new hopes, and new expectations.

It is true that the fact of the resurrection was denied by some Christians at Corinth in Paul's time probably on philosophical grounds. When a man has been imbued with the heathen notion that evil is inherent in matter, the resurrection of the body would seem to him to involve the bringing back the evil against which he had maintained a lifelong struggle. To this Paul replied with absolute proofs of the fact, as quoted in the first part of the fifteenth chapter of I Corinthians. He then went on to say that the resurrection of Jesus was but a precursor of theirs; that in fact theirs was involved in it; that if Jesus could be raised, so could they; that the first fruits carried with it the full harvest; that Christ did not rise from the dead, they could not; that if death was the end all with Him, it would certainly be so with them; that then all the sacrifices and sufferings of men to make this world a more decent world were in vain; for if a man died the death of a brute, he might as well live the life of a brute.

He points out to them, upon the analogy of nature, that the future existence has nothing to do with the form of the particles of matter that comprise the earthly body;

that there is no limit to the power of God; and that the resurrection of Jesus typifies the ultimate triumph of good over evil. Therefore, the ordinary joys of Easter are the least part of it. There is a future existence in form for Christians, in which the form will be adapted to the conditions of the future life; and will be permanent form unchanged by death or decay.

One of the best things to do on Easter Sunday is to read the proofs of the resurrection of Christ as furnished in the four gospels, and then read the entire fifteenth chapter of I Corinthians, giving the conclusions drawn from these facts by the greatest of all the apostles, Wallaces' Farmer.

What You Eat in Apples.

Do you know what you are eating when you eat an apple? The National Horticulturist tells you. You are eating malic acid, the property that makes buttermilk so healthful. You are eating gallic acid, one of the most necessary elements in human economy. You are eating sugar in its most assimilable form, combined carbon, hydrogen and oxygen caught and imprisoned from the sunshine. You are eating a gum allied to the "fragrant medical gums of Arabia." And you are eating phosphorus in the only form in which it is available as the source of all brain and nerve energy. In addition to all these you are drinking the purest water and eating the most healthful and desirable fibre for the required "roughness" in food elements. The acids of the apple diminish the acidity of the stomach and prevent and cure dyspepsia. They drive out the noxious matters that cause the skin eruptions, and thus are nature's most glorious complexion makers. They neutralize in the blood the deleterious elements that poison the brain and make it sluggish. The contained phosphorus is not only greater than in any other form of food but it is presented in a shape for immediate use by the brain and nerves, where it may flash into great thoughts and great deeds. The ancients assigned the apples as the food for the gods and its juices the ambrosial nectar to which they resorted to renew their youth. Men are the gods of today, and the apple is their royal food, the magic renewer of youth. Eat a rich, ripe apple every day and you have disarmed all diseases of life their terror. —Record.

Macaroni.

Macaroni could be found oftener on the farmer's table with advantage. It is one of the most nutritious of all farinaceous foods, as well as one of the cheapest. Vermicelli (fine threads) of the dough paste from which macaroni is made is sometimes preferred to the tubes of macaroni, and can be used in the same way.

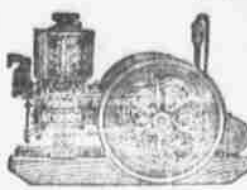
Don't make the mistake of soaking macaroni in cold water before cooking. Wipe it carefully, break it into pieces of the desired length, and put in boiling water, to which a quart of which half a tablespoon of salt is added. When the macaroni is tender, drain off the water it was boiled in, and cover with cold water. It can be kept for several days by renewing the water each day. If wanted for immediate use, have a cream sauce made, season to taste, and add the macaroni when tender.

For macaroni with cheese, boil half a pound of macaroni, put in a pudding dish in layers with a quarter of a pound of cheese grated and mixed between the layers. Put a very little butter and some bread crumbs over it, and brown in the oven. The crumbs and butter may be mixed before putting on if desired. The seasoning of macaroni may be varied by using tomato sauce instead of cream sauce, or by the addition of onions. Vermicelli added to soups makes a very good substitute for noodles. —Wallaces' Farmer.

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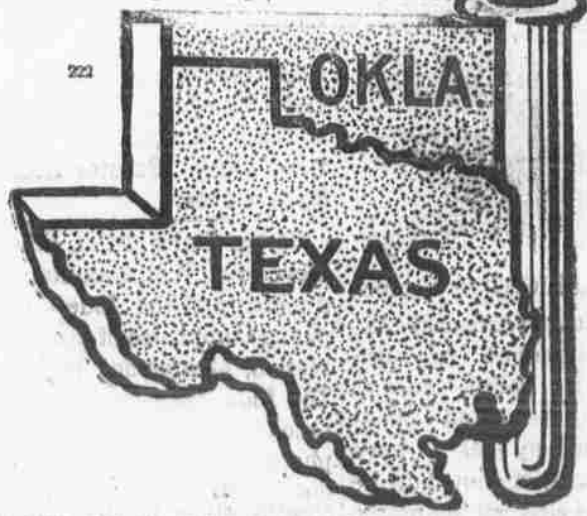
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Tells Americans to Leave Mexico Now.

San Diego, Cal., April 21.—The war cloud hovering over Ensenada, Mexico, is more ominous today than at any time since the Mexican uprising began. United States Consul Schuckler at Ensenada has asked that a steamer be sent from here and has advised all Americans to leave Mexico immediately, as their lives are in danger, and he cannot offer protection. Reports from Alamo, Mexico, 80 miles southeast of Ensenada, say the insurgents under Gen. Simon Berthold are out of provisions and must leave there at once. They are expected to move against Ensenada.

Miss Sneda, Adams of Shelby, visited her sister, Mrs. J. S. Starratt in this city the latter part of the week.

H. H. Green, of Tunnewell was with friends in this city Thursday.

Not the Kind of a Cur.

Several young men were standing before the desk in the Shirley hotel the other afternoon talking about dogs. One of them thought he'd bother the telephone girl by drawing her into discussion. She is pretty and good natured, but that afternoon she was very busy.

"Say, Bessie," said the young man, "what kind of dogs do you like?" The girl found time to say, "Terriers."

"You do?" "Yes, I'd just love to have a nice little fox terrier."

"Geel" said the young man, "I'd like to be a little fox terrier."

The girl smiled, "You might not fill the bill," she said.



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"Can't make it out nohow," writes Uncle Kitchel Pixley in the Shreveport (La.) Times. "Ye see, it was this way: Me and old Seth Beardsley was runnin' for constable and after I hears Colonel Roosevelt sail in into crooks, down at the depot that time, I begins sailin' into Seth. Course Seth hadn't no crooked record hasn't had no record at all except for chawing plug for forty years; but I paints him crooked in S. M. 139 more votes than I gives him. Now, what's eatin' me, gives me the answer?"

Miss Hattie Gilch of Edmond, Okla., returned to her home the first of the week after spending several days with Mr. and Mrs. Carrie Meyers near Monroe.